

## 認識早期破水與其注意事項

# Understanding of premature rupture of membranes and other precautions

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Premature rupture of membranes is defined as amniotic fluid flowing out through the vagina from amniotic cavity prior to labor pain and spontaneous rupture of membrane.

premature rupture of membranes are watery secretions that flow out of the vagina, which can cause premature birth due to infection in the womb of pregnant women.

Refer to medical care and self-care after premature rupture of membranes

- ➊ As soon as possible go to the hospital for examination.
  - ➋ Absolute bed rest.
  - ➌ Change the cotton pad, and keep your vagina clean during pregnancy, such as: rinse the perineum after going to the toilet, and keep dry.
  - ➍ Observe the color, quality and quantity of Amniotic fluid.
  - ➏ Taking medicine by doctor instructions.
  - ➐ If you find that the premature rupture of membranes, please immediately rushed to the emergency department for medical treatment. Pregnant women over 37 weeks, due to fullterm birth, please go directly to the delivery room.
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諮詢專線：04-24632000

諮詢時間：週一至週五9:00~21:00；週六9:00~12:00

2021 / 12 / 27 新增

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